

In case of emergency, contact 911.

General	When to call your OBGYN's office/triage line	I need a pregnancy test.
		I need a checkup or I missed my doctor's appointment.
		I have a breast problem.
		I have not pooped in 3 days.
		I have bad acid reflux/heartburn.
	When to go to Urgent Care	I feel dizzy and almost passed out.
When to go to Children's & Women's Hospital	I have tooth, ear, eye, nose, hand, foot, throat, rib, neck, leg or arm pain.	
	I was so dizzy that I did pass out.	
Infections	When to call your OBGYN's office/triage line	I haven't pooped in 5 days and have tried medicines.
		I think I have a sexually transmitted infection or was exposed to one.
		I think I have a urinary tract infection.
		I think I have a yeast infection or other vaginal discharge problem.
	When to go to Urgent Care	I think I have the flu or COVID.
		I have a cough, stuffy nose, or a sore throat.
	When to go to Children's & Women's Hospital	I think I have the flu or COVID and have a fever greater than 100.4° F.
		I think I have a urinary tract infection and my back hurts too.
		I have shortness of breath.
Pregnancy LESS than 20 weeks	When to call your OBGYN's office/triage line	I think I have the flu or COVID and difficulty breathing.
		I have nausea and vomiting and need a prescription medicine.
		I am spotting blood.
		I fell and hit my belly, or my belly was hit in some other way.
	When to go to Children's & Women's Hospital	I am cramping.
		I have nausea and vomiting and have not peed in 12 hours.
		I am vomiting blood.
		I am filling a pad with blood.
		My abdomen was hit, and I am bleeding or have not felt my baby move.
		My cramping is worse than period cramps, and Tylenol didn't help.
Pregnancy MORE than 20 weeks	When to call your OBGYN's office/triage line	I have belly pain/contractions that are irregular or have gone away.
		I lost my mucus plug.
		I have a headache.
	When to go to Children's & Women's Hospital	I am having belly pain/contractions every 5 minutes for an hour.
		I think my water broke.
		I am bleeding like a period.
		I have a severe headache and/or my blood pressure is more than 140/90.
		My baby is not moving even after having a snack and lying down.
Postpartum	When to call your OBGYN's office/triage line	My C-section incision opened a little.
		I am bleeding heavier than my normal period.
	When to go to Children's & Women's Hospital	My C-section incision smells very bad or is oozing pus.
		My C-section incision looks a little red.
		I have a severe headache and/or my blood pressure is more than 140/90.
		I am soaking through 2 pads an hour for the last 2 hours.

WHEN TO GO TO UNIVERSITY HOSPITAL

- I have been involved in a major accident, or I am wounded.
- I have a non-pregnancy issue that is a danger to life or body part or organ.

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General	When to call your OBGYN's office/triage line	I need a pregnancy test.
		I need a checkup or missed my doctor's appointment.
		I need birth control or have a problem with my IUD or Nexplanon.
		I have breast issues.
		I need a refill on my medications.
	When to go to Urgent Care	I feel dizzy and almost passed out.
I haven't pooped in 5 days despite medication.		
I have tooth, ear, eye, nose, hand, foot, throat, rib, neck, leg or arm pain .		
Infections	When to call your OBGYN's office/triage line	I think I have a sexually transmitted infection or was exposed to one.
		I think I have a urinary tract infection.
		I think I have a yeast infection or other vaginal discharge.
		I think I have the flu or COVID.
	When to go to Urgent Care	I have a cough, a stuffy nose, or a sore throat.
		I think I have a urinary tract infection and a fever greater than 100.4° F.
I think I have the flu or COVID and have a fever greater than 100.4° F.		
Post-GYN Surgery issues	When to call your OBGYN's office/triage line	I did not receive my pain medications for my surgery.
		I need more pain medication after my surgery .
	When to go to Children's & Women's Hospital	I am bleeding heavily after my GYN surgery at Children's & Women's.
		I recently had surgery and have a fever greater than 100.4° F.
Pain	When to call your OBGYN's office/triage line	I have a painful cyst on my ovary.
		I have fibroid pain.
		I have chronic female pain and am hurting.
		I have pelvic pressure.
	When to go to Urgent Care	I have pain with peeing or pooping.
		I have belly pain.
When to go to Children's & Women's Hospital	I have terrible lower belly pain with nausea and vomiting.	
Bleeding	When to call your OBGYN's office/triage line	My period is really heavy or irregular.
		My period has been going on for weeks.
When to go to Children's & Women's Hospital	I soaked through 2 pads an hour for 2 hours, so 4 pads in 2 hours.	
"Bumps"	When to call your OBGYN's office/triage line	I have a little bump.
		I have a boil or a "risen."
	When to go to Urgent Care	I have a bump and a fever greater than 100.4° F or it burst already.
	When to go to Children's & Women's Hospital	I have a bump and cannot sit down without terrible pain.

WHEN TO GO TO UNIVERSITY HOSPITAL

- All adult emergency issues that are not related to female pelvic issues.
- I have chest pain (I think I am having a heart attack) or shortness of breath.
- I have been involved in a major accident, or I am wounded.
- Emergency breast problems.