Targeted gene delivery of BMPR2 attenuates pulmonary hypertension

A.M. Reynolds*,#, M.D. Holmes*,#,* S.M. Danilov+ and P.N. Reynolds*,#,*

ABSTRACT: Pulmonary arterial hypertension (PAH) remains a fatal disease despite modern pharmacotherapy. Mutations in the gene for bone morphogenetic protein receptor type II (BMPR2) lead to reduced BMPR2 expression, which is causally linked to PAH. BMPR2 is predominantly expressed on pulmonary endothelium and has complex interactions with transforming growth factor (TGF)-β signalling mechanisms.

Our objectives were to assess the effect on PAH of upregulating BMPR2 by targeted adenoviral BMPR2 gene delivery to the pulmonary vascular endothelium. We used two established rat models of PAH: chronic hypoxia and monocrotaline (MCT).

In both hypertensive models, those receiving BMPR2 had less right ventricular hypertrophy, less pulmonary vascular resistance, improved cardiac function and reduced vascular remodelling. In the MCT model, there was an increase in TGF-β, which was prevented by BMPR2 treatment. In vitro, TGF-β1-induced endothelial–mesenchymal transition (EndMT) in human pulmonary microvascular endothelial cells, which was associated with reduced BMPR2 expression. EndMT was partially ameliorated by stimulating BMPR2 signalling with appropriate ligands even in the ongoing presence of TGF-β1.

Collectively, these results indicate therapeutic potential for upregulation of the BMPR2 axis in PAH, which may be, in part, mediated by countering the remodelling effects of TGF-β.

KEYWORDS: Endothelial-to-mesenchymal transition, gene therapy, hypoxia, monocrotaline, vascular remodelling

Pulmonary arterial hypertension (PAH) is a fatal disease characterised by pulmonary vascular remodelling, comprising an abnormal proliferation of vascular endothelial cells, smooth muscle hypertrophy and intimal thickening, with a consequent increase in pulmonary vascular resistance [1, 2]. The disease causes progressive dyspnoea and right heart failure. Mutations in the gene for bone morphogenetic protein receptor type II (BMPR2) are causally linked to PAH [3, 4]. Mutations have been found to be present in >80% of familial and ~20% of “sporadic” cases of idiopathic PAH, and lead to reduced BMPR2 expression and signalling [5]. BMPR2 is a member of the transforming growth factor (TGF)-β superfamily of receptors. There is evidence that PAH pathogenesis involves disordered TGF-β signalling and, possibly, cross-talk between BMPR2 and TGF-β signalling mechanisms. BMPR2 expression is predominantly seen on pulmonary vascular endothelium, although vascular smooth muscle expression is also observed in the pulmonary vasculature of patients with secondary PAH, suggesting this pathway might also be important in the pathogenesis of a variety of common clinical situations, beyond those related to BMPR2 mutations, in which pulmonary hypertension is a feature [6]. Although advances in pharmacological treatments have led to improved outcomes for patients with PAH [7], recent national registry data from France and the USA continue to show an unacceptably high mortality in this disease, indicating the need for further therapeutic advances [8–10].

Various animal models have been extensively used in the study of PAH, none more so than the chronic hypoxia and monocrotaline (MCT) rat models [11]. Recent studies in these models have demonstrated reduced BMPR2 levels and abnormal bone morphogenetic protein (BMP) signalling [12, 13]. We previously showed that pre-treatment with BMPR2 gene delivery reduced the PAH response in rats challenged with hypoxia [14] but the effects on...
established PAH are not known. The mechanism by which BMPR2 leads to PAH is unclear but this signalling pathway has numerous influences on cell proliferation and differentiation. Complex cross-talk exists between BMPR2 and TGF-β signalling pathways [15]. Notably, while BMPR2 expression is decreased in these animal models, TGF-β expression is increased [16, 17].

In the current study, we sought first to determine whether the BMPR2 pathway could be exploited as a potential therapeutic target in established disease, i.e. the independent stimuli, chronic hypoxia and MCT. We utilised our previously developed adenovirus (Ad) vector lung targeting strategy whereby we link the Ad vector to a bispecific antibody conjugate that targets the virus to angiotensin-converting enzyme (ACE), a membrane-bound protease that is highly expressed on pulmonary endothelial cells [18, 19]. We have shown that this approach improves pulmonary endothelial gene delivery [20, 21].

Herein, we show that delivery of BMPR2: 1) ameliorated the fall in BMPR2 expression induced by hypoxia or MCT challenge; 2) ameliorated the increase in TGF-β expression seen in the MCT model; and 3) reduced development of pulmonary hypertension and associated vascular remodelling. In vitro, we found that that BMPR2 signalling may act by ameliorating TGF-β-induced changes in endothelial morphology and, possibly, endothelial–mesenchymal transition (EndMT).

METHODS

Animals and experimental design
All animal protocols were reviewed and approved by the Animal Research Ethics Committee of the Institute of Medical and Veterinary Science (IMVS) (Royal Adelaide Hospital and The University of Adelaide, Adelaide, SA, Australia). Adult male Sprague Dawley rats (6–7 weeks of age and 250–350 g body mass) were used. The rats were housed in the IMVS animal care facility, and fed food and water ad libitum. Two models of PAH were used, hypoxia and MCT induced. For hypoxia, rats were maintained in our previously described normobaric hypoxic chamber [14] (10% oxygen) for 3 weeks and then assigned to two treatment hypoxic groups. They were then given tail-vein injections of AdTrackLuc (irrelevant viral control) or AdBMPR2, each pre-incubated with anti-viral/anti-ACE bispecific antibody conjugate (Fab-9B9) [14]. Rats were then returned to the hypoxic chamber for a further 3 weeks then PAH assessed by cardiac catheterisation. For MCT, rats were assigned to three groups (two MCT groups (60 mg·kg⁻¹, subcutaneously injected) and one saline control group). 10 days after MCT, rats were injected with AdTrackLuc+Fab-9B9 or AdBMPR2+Fab-9B9. After a further 8–10 days, PAH was assessed. For MCT and viral injections, the rats were briefly anaesthetised (isoflurane for 5 min). Each dose of Ad brought to 250 μL with sterile PBS.

Cell culture
Clonetics’ lung-derived normal human pulmonary microvascular blood vessel endothelial cells (HPMVECs) (Cambrex Bio Science Inc., Walkersville, MD, USA) were cultured in EGM-2 MV (Cambrex Bio Science Inc.) supplemented with 5% fetal calf serum, as recommended by the supplier, and used between passages 4 and 9. All cells were grown in a 5% CO₂ atmosphere at 37°C.

Induction of EndMT
The ability of TGF-β1 to induce EndMT was assessed in HPMVEC monolayers. Cells were plated (3 × 10⁵ per well; ~50–60% confluence) into six-well plates and 24 h later, the medium was supplemented with recombinant human TGF-β1 (5 ng·mL⁻¹; R&D Systems, Minneapolis, MN, USA) to induce EndMT. Cultures were maintained in a humidified 5% CO₂ incubator at 37°C, all media changed every 48 h and cells were grown for 21 days. Unstimulated HPMVECs were passaged once a week at a 1:10 ratio, whereas TGF-β-treated cells were passaged twice a week at a ratio of 1:5 to retain cell viability. EndMT was assessed by loss of vascular endothelial (VE)-cadherin and gain of the mesenchymal markers fibronectin (extracellular domain A splice variant of cellular fibronectin) and S100A4. Phase-contrast microscopy pictures were taken with an Olympus CKX41 microscope equipped with an Olympus DP20 camera (Olympus, Tokyo, Japan).

EndMT reversal experiments
Following 18 days of TGF-β1, the culture medium was replaced with fresh medium containing TGF-β1 and recombinant human (rh)BMP-2 (333 ng·mL⁻¹; R&D Systems) or rhBMP-7 (325 ng·mL⁻¹; R&D Systems). The media was changed again at 48 h and the experiment was stopped 24 h later. Additional description of the methods used for immunofluorescence detection and immunoblot analysis of TGF-β-induced EndMT is provided in the online supplement.

Statistical analysis
Data are presented as mean ± SEM. Between-group means comparisons were performed using a two-tailed unpaired t-test or one-way ANOVA, where appropriate. When the ANOVA F-value indicated a significant difference, the Student Newman–Keuls multiple comparison test was then used (SigmaStat; Systat Software Inc., Point Richmond, CA, USA). A p-value of <0.05 was considered statistically significant.

RESULTS

Immunodetection of BMPR2–myc in the pulmonary vasculature
Pulmonary targeting of Ad-mediated BMPR2–myc transgene expression in MCT-treated rats was confirmed by immunofluorescent staining of the myc tag. Rats that received AdCMVBMPR2 myc+Fab-9B9 10 days after MCT injection and were then killed 3 days after AdBMPR2 tail-vein injection demonstrated positive green staining in small pulmonary vessels and alveolar capillaries, confirming BMPR2–myc transgene expression (fig. 1a and b). These results are in accord with our previously published data using this vector and similar studies using reporter genes [20, 21]. No staining was seen in sections incubated with no primary antibody (fig. 1c) or in sections stained for anti-c-myc from MCT-only injected rats (fig. 1d). No staining was seen in cardiac tissue sections.
Compared with saline injected rats, those exposed to MCT and chronic hypoxia had significantly reduced lung BMPR2 expression, as detected by immunoblots of protein extracted from formalin-fixed, paraffin-embedded (FFPE) tissue sections (fig. 1e and f, respectively) (mean ± SEM BMPR2 expression: saline versus MCT control Ad + Fab-9B9 100.0 ± 1.4% versus 75.6 ± 2.9% (p < 0.05); saline versus chronic hypoxia control Ad + Fab-9B9 100.0 ± 7.8% versus 72.0 ± 5.5% (p < 0.05)). Of significance is that the BMPR2 Ad vector targeting strategy corrected the observed deficit in BMPR2 expression induced by MCT and hypoxia. An effect was observed 10–21 days after adenoviral BMPR2 gene delivery.

**Effect of Ad vectors on MCT- and hypoxia-induced changes in pulmonary haemodynamics**

There was no significant difference in mean systemic arterial pressure, heart rate or body weight for the two experimental studies following anaesthesia and surgical intervention (MCT and chronic hypoxia; table 1). MCT and chronic hypoxia induced significant PAH. Right ventricular systolic pressure (RVSP) and mean pulmonary arterial pressure (Ppa) were significantly increased by the end-point of each study, the increases being more pronounced following MCT (fig. 2a and b, and table 1). Both models of PAH induced a significant decrease in cardiac function as reflected by decreased cardiac output (CO) and cardiac index (CI) (fig. 2c and d, and table 1, respectively), and significant increases in pulmonary resistive indices (pulmonary vascular resistance index (PVRI) and total pulmonary vascular resistance (TPVR)) (fig. 2e and f, and table 1, respectively).

In the MCT study, compared with MCT treated rats that received an irrelevant viral control (AdTrackLuc + Fab-9B9), those receiving BMPR2 (AdBMPR2 + Fab-9B9) had significantly
decreased PAH responses (RVSP was 36% lower and $P_{pa}$ was 30% lower) and vascular resistance (TPVR was 38% lower and PVRI was 48% lower), and significantly improved cardiac function (CO was 22% higher and CI was 25% higher) (fig. 2a, c and e, and table 1). Similar findings were seen in the chronic hypoxia study, i.e., compared with hypoxic animals that received control vector, lung-targeted AdBMPR2-treated animals had significantly reduced TPVR (29% less) and PVRI (30% less), with a 20% improvement in both CO and CI. Although BMPR2 gene delivery significantly attenuated the MCT-induced increase in vascular muscularisation by 42%. Following chronic hypoxia exposure, a significant number of fully muscularised vessels was seen and the numbers were unchanged in the control Ad delivery group (hypoxia versus control Ad+Fab-9B9 49.2 ± 3.2 versus 57.2 ± 2.4), whereas targeted AdBMPR2 treatment significantly decreased the number of fully muscularised vessels to 31.1 ± 1.9 (p < 0.05) (fig. 3c). A similar effect was seen on smooth muscle area in both MCT and hypoxia experiments (fig. 3b and d, respectively). A significant 40% reduction in smooth muscle area was observed following targeted BMPR2 delivery compared with the respective control Ad+Fab-9B9 groups. Lung tissue sections representative of each treatment group and immunostained for smooth muscle α-actin are shown in figure 3e–j.

**Effects on cellular proliferation**

We further assessed the sections for proliferative cell nuclear antigen (PCNA) and Ki67, and found that few proliferating cells were evident in lungs of saline-treated rats; however, 3 weeks after MCT administration, increased cell proliferation was observed in the endothelial lesions and targeted BMPR2 gene delivery reduced the proliferative response (fig. 4a and b, respectively). In animals exposed to chronic hypoxia, increased PCNA and Ki67 staining was seen in both endothelial and smooth muscle cells; control Ad delivery did not change this proliferative response, whereas targeted BMPR2 delivery decreased PCNA- and Ki67-positive endothelial (fig. 4c and d, respectively) and smooth muscle (fig. 4e and f, respectively) cell numbers.

**Effects on lung TGF-β expression**

Immunoblot detection of TGF-β from FFPE sections demonstrated significantly elevated levels of TGF-β in MCT-treated rats (mean ± SEM 100.0 ± 20.1% versus 172.6 ± 26.1% of control in saline versus MCT and control Ad+Fab-9B9, respectively; fig. 5a). AdBMPR2 treatment attenuated this response (121.7 ± 24.3%). Consistent with this analysis, we found increased TGF-β immunostaining in endothelial lesions of remodelled blood vessels which was less pronounced in animals that received targeted BMPR2 delivery (fig. 5b–d). In hypoxia-treated rats, differences in TGF-β expression did not reach statistical significance (100.0 ± 23.4% versus 100.7 ± 43.2% in saline versus hypoxia and control Ad+Fab-9B9, respectively, while in the

### TABLE 1

<table>
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<tr>
<th>Treatment</th>
<th>$P_{pa}$ mmHg</th>
<th>CI mL min⁻¹ g⁻¹</th>
<th>TPVR mmHg mL⁻¹ min⁻¹</th>
<th>$P_{sa}$ mmHg</th>
<th>HR beats min⁻¹</th>
<th>Final body mass g</th>
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<td>MCT</td>
<td>20.0 ± 1.6 (3)</td>
<td>309 ± 8 (8)</td>
<td>0.24 ± 0.02 (3)</td>
<td>107 ± 3 (8)</td>
<td>286 ± 8 (8)</td>
<td>299 ± 15 (8)</td>
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<td>MCT+control Ad</td>
<td>51.7 ± 1.8* (3)</td>
<td>209 ± 9* (5)</td>
<td>0.78 ± 0.05* (2)</td>
<td>108 ± 6 (6)</td>
<td>289 ± 7 (7)</td>
<td>293 ± 10 (8)</td>
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<td>MCT+AdBMPR2</td>
<td>36.0 ± 4.9* # (7)</td>
<td>261 ± 13* # (8)</td>
<td>0.48 ± 0.05* # (7)</td>
<td>104 ± 8 (4)</td>
<td>304 ± 8 (8)</td>
<td>293 ± 11 (8)</td>
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<td></td>
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<tr>
<td>Control hypoxia</td>
<td>31.8 ± 4.8 (4)</td>
<td>186 ± 10 (2)</td>
<td>0.45 ± 0.05 (2)</td>
<td>104 ± 5 (4)</td>
<td>293 ± 19 (4)</td>
<td>363 ± 6 (4)</td>
</tr>
<tr>
<td>Hypoxia+control Ad</td>
<td>33.8 ± 1.2 (7)</td>
<td>189 ± 5 (5)</td>
<td>0.48 ± 0.02 (6)</td>
<td>106 ± 6 (7)</td>
<td>270 ± 12 (7)</td>
<td>356 ± 11 (7)</td>
</tr>
<tr>
<td>Hypoxia+AdBMPR2</td>
<td>29.0 ± 2.3 (6)</td>
<td>236 ± 7 (6)</td>
<td>0.34 ± 0.03* (6)</td>
<td>111 ± 6 (7)</td>
<td>278 ± 7 (7)</td>
<td>358 ± 13 (7)</td>
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Data are presented as mean ± SEM (n). $P_{pa}$: mean pulmonary arterial pressure; CI: cardiac index (cardiac output [CO]/body mass); TPVR: total pulmonary vascular resistance ($P_{pa}$/CO); $P_{sa}$: mean systemic arterial pressure; HR: respiratory frequency; Ad: adenovirus; control Ad: AdCMVTrackLuc-Fab-9B9. AdBMPR2: AdCMVBMPR2+Fab-9B9. #: p < 0.05 versus respective control; *: p < 0.05 treatment and control Ad+Fab-9B9 versus treatment and AdBMPR2+Fab-9B9.

**Effect on vascular muscularisation**

Five high-power lung fields were examined in four to five rats from each treatment group, in which the number of completely muscularised vessels of ~50 μm diameter were counted. As shown in figure 3a, MCT induced a significant three-fold increase in the number of muscularised vessels compared with saline (44 ± 8 versus 15 ± 1.5, respectively; p < 0.005). Targeted BMPR2 gene delivery significantly attenuated the MCT-induced increase in muscularisation by 42%.
FIGURE 2. Effect of adenovirus (Ad)BMPR2 administration on the further development of pulmonary hypertension in response to a, c, e, g) monocrotaline (MCT) and b, d, f, h) chronic hypoxia. a, b) Right ventricular systolic pressures (RVSP) in a) MCT and b) hypoxia; c, d) pulmonary vascular resistance index (PVRI) in c) MCT and d) hypoxia; e, f) cardiac output (CO) in e) MCT and f) hypoxia; and g, h) Fulton Index (ratio of right ventricle (RV) to left ventricle (LV) + septum (S) mass) in g) MCT and h) hypoxia. Data are presented mean ± SEM. *: p<0.05 versus control; #: p<0.05 treatment and control Ad+Fab-9B9 versus treatment and AdBMPR2+Fab-9B9.
**FIGURE 3.** Number of small (~50 μm) fully muscularised pulmonary arterioles per 10 random high-power fields (200 ×) per animal, determined by smooth muscle α-actin staining in a) monocrotaline (MCT) and b) hypoxia studies. Smooth muscle area of 10 50-μm vessels per animal in c) MCT and d) hypoxia studies. Data are presented as mean ± SEM (n = 4–5 animals per group). *: p < 0.05 versus control; #: p < 0.05 treatment and control adenovirus (Ad) pre-incubated with anti-viral/anti-angiotensin-converting enzyme bispecific antibody conjugate (Fab-9B9) versus treatment and AdBMPR2+Fab-9B9. Representative high-power photomicrographs of small arteries from e) saline control, f) MCT and control Ad+Fab-9B9, g) MCT and AdBMPR2+Fab9B9, h) hypoxia, i) hypoxia and control Ad+Fab-9B9, and j) hypoxia and AdBMPR2+Fab9B9 animals. Sections were stained for smooth muscle α-actin. Scale bars = 50 μm.
hypoxia and AdBMPR2+Fab-9B9 group, TGF-β expression was 103.3 ± 22.7%). Similar results have been observed by others at the mRNA level [17].

Using immunoblot analysis, we were unable to detect differences in TGF-β receptor 1 or 2 expression in either model (data not shown). However, the analysis of endoglin expression showed a significant reduction after MCT (mean ± SEM 100.0 ± 26.7% versus 55.9 ± 20.1% of control in saline versus MCT and control Ad+Fab-9B9, respectively; p<0.05) (fig. 6a). AdBMPR2 treatment attenuated this response (87.7 ± 19.7%; p<0.05). In contrast, endoglin expression was significantly elevated in the hypoxia model (100.0 ± 43.9% versus 239.5 ± 35.5% in saline versus hypoxia and control Ad+Fab-9B9, respectively; p<0.05) (fig. 6b). Again, AdBMPR2 treatment attenuated the increase seen in the hypoxia model (178.5 ± 33.5%; p<0.05).

FIGURE 4. Quantification of a, c, e) proliferating cell nuclear antigen (PCNA)- and b, d, f) Ki67-positive cell nuclei in a, b) monocrotaline (MCT)-induced endothelial lesions of small (∼50 μm) vessels, c, d) endothelial cells and e, f) vascular smooth muscle cells of small (∼50 μm) vessels in the hypoxia-treated groups. 10 vessels per animal were assessed. n=4–5 animals per group. Data are presented mean ± SEM. *: p<0.05 versus control; #: p<0.05 treatment and control adenovirus (Ad)+Fab-9B9 versus treatment and AdBMPR2+Fab-9B9.
Following 20 days of treatment with TGF-β1, fibronectin and S100A was detected in untreated HPMVECs. Minimal basal expression of fibronectin and S100A with a concomitant downregulation of the endothelial marker VE-cadherin (fig. 7c–k). TGF-β1 treatment significantly increased mesenchymal marker expression; fibronectin expression increased 14-fold (fig. 8a) and vimentin almost doubled (n=2; data not shown), with a concomitant decrease in VE-cadherin expression of 30% (fig. 8b), which was consistent with the immunofluorescence results. The proliferative response of HPMVECs treated with TGF-β1 increased by 30% (fig. 8c).

**Immunoblotting analysis of EndMT markers**

To quantify markers of EndMT, we used obtained total cell lysates of HPMVECs treated for 20 days with TGF-β1 (5 ng·mL⁻¹ replenished every 48 h) and performed immunoblot assays. TGF-β1 treatment significantly increased mesenchymal marker expression; fibronectin expression increased 14-fold (fig. 8a) and vimentin almost doubled (n=2; data not shown), with a concomitant decrease in VE-cadherin expression of 30% (fig. 8b), which was consistent with the immunofluorescence results. The proliferative response of HPMVECs treated with TGF-β1 increased by 30% (fig. 8c).

**Effect of TGF-β1 on BMPR2 expression in HPMVECs**

Having confirmed the increase in TGF-β and the reduction in BMP2 in the rat models (and the reduced TGF-β with BMPR2 upregulation), we next assessed the impact of TGF-β1 on HPMVECs. Incubation of cells with TGF-β1 resulted in a reduction in mean ± SEM BMPR2 protein levels, being 65.8 ± 10.9% that of untreated HPMVECs (fig. 8d).

**Reversal of TGF-β1-induced EndMT by the BMPR2 ligands rhBMP-7 and rhBMP-2**

To determine the effect of upregulation of the BMP axis in EndMT, we repeated the TGF-β1-induced EndMT studies in the presence of BMP-2 and BMP-7. The dose of BMP-2 and BMP-7 was 67% less than that used in a cardiac fibrosis cell culture model of TGF-β1-induced EndMT [22]. Again, TGF-β1-induced significant upregulation in fibronectin expression (160–200-fold change; fig. 9a and c) and decreased VE-cadherin expression (36–39%; fig. 9b and d). Under the continuous influence of TGF-β1, the addition of rhBMP-2 (333 ng·mL⁻¹ for 72 h) and rhBMP-7 (325 ng·mL⁻¹ for 72 h) substantially inhibited TGF-β1-induced fibronectin production; fibronectin production was 33% and 51%, respectively, compared with TGF-β1 alone (fig. 9a and c). Vascular cell integrity appeared to be either fully or partially restored by BMP-2 and BMP-7, respectively, since both treatments significantly reversed the TGF-β1 decline in VE-cadherin expression by 59% and 21%, respectively (fig. 9b and d). No difference in basal expression of either fibronectin or VE-cadherin was detected when HPMVECs were incubated with BMP-2 or BMP-7 alone (data not shown).

**DISCUSSION**

The causal relationship between BMPR2 mutations and PAH is now accepted based on numerous human genetic studies and supportive evidence from transgenic mouse models [23, 24]. A logical extension of this discovery is that the BMPR2 pathway might be a novel target for therapeutic manipulation, although this strategy has received little attention to date. Our previous work established that BMPR2 gene delivery targeted to the lung endothelium via anti-ACE monoclonal antibody (mAb) could ameliorate hypoxia-induced pulmonary hypertension, in a preventive study design [14].

In the current study, we extend our previous findings in several ways. We now show that BMPR2 upregulation has a therapeutic impact in the setting of established PAH in two complementary animal models of PAH. These findings are entirely in accord with
found that TGF-\(\beta\) and that using a small molecule to block one of the TGF-\(\beta\) blockade had no effect on hypoxia-induced PAH. In our study, receptors (activin-like kinase 5) reduced PAH. In contrast, this hypoxia model. The relative differences in the role of TGF-\(\beta\) increase in TGF-\(\beta\) treatment. The increase in TGF-\(BMPR2\) (Fab-9B9) versus treatments and the search for new approaches is ongoing (for endothelin receptor antagonists and phosphodiesterase-5 inhibition in the MCT model, which was reversed with \(\beta\) was not seen in the MCT and AdBMPR2+Fab-9B9. In our previous work showing that PAH in both the hypoxia and MCT model systems is associated with downregulation of BMPR2 [12, 13]. Importantly, there is now ample evidence that BMPR2 is downregulated in the setting of human disease in many contexts beyond BMPR2 mutations, thus broadening the potential applicability of treatments targeted to this pathway [6, 25–27]. Although significant improvements have been made in PAH management in recent years based on the use of prostacyclin analogues, endothelin receptor antagonists and phosphodiesterase-5 inhibitors, there are many patients who ultimately fail on these treatments and the search for new approaches is ongoing (for example, current clinical trials using imatinib). Taken together, our findings provide a rationale to consider the development of therapies based on BMPR2 modulation.

The mechanistic link between BMPR2 dysfunction and the development of pulmonary vascular disease remains unclear. Recent studies using the hypoxia and MCT models have demonstrated reduced BMPR2 levels and abnormal BMP/TGF signalling, while more recently, TGF-\(\beta\) has been shown to be particularly upregulated in the MCT model [17, 28, 29]. Herein, we confirmed a reduction in pulmonary BMPR2 protein expression in both model systems and showed that this reduction was prevented by BMPR2 gene delivery. We showed a significant increase in TGF-\(\beta\) in the MCT model, which was reversed with BMPR2 treatment. The increase in TGF-\(\beta\) was not seen in the hypoxia model. The relative differences in the role of TGF-\(\beta\) in these models have been noted by others [17]. LONG et al. [17] found that TGF-\(\beta\) was substantially increased in the MCT model and that using a small molecule to block one of the TGF-\(\beta\) receptors (activin-like kinase 5) reduced PAH. In contrast, this blockade had no effect on hypoxia-induced PAH. In our study, correction of reduced BMPR2 expression showed benefits in both model systems.

A weakness of the present study is the uncertainty in regard to the precise cell signalling pathways that are involved in the physiological and remodelling effects we see with BMPR2 gene delivery. The demonstration of significant physiological outcomes provides a rationale for further interrogation of these mechanisms. In our previous work, we investigated whether BMPR2 transduction acted in some way to protect endothelium from apoptosis, as it has been hypothesised that disease pathogenesis may begin with a phase of increased apoptosis leading to the emergence of apoptosis-resistant clones. Such a mechanism of early apoptosis remains unproven in the development of human PAH, although there is evidence for relative resistance to apoptosis in established disease [30]. Unexpectedly, we previously found in the rat hypoxia model and in human microvascular cell cultures that transduction with BMPR2 lead to increased apoptosis. Thus, we speculate that in established disease, it may be that BMPR2 transduction is affecting the endothelium via the downregulation of endothelium-derived pro-proliferative factors or having an impact on EndMT.

BMP signalling involves ligand-initiated heterodimerisation of cell-surface BMPR2 and BMPR1 (A or B), activation of the latter, then phosphorylation of a series of receptor-regulated Smad proteins (e.g. Smad1, Smad5 and Smad8) that, in turn, complex with the common partner Smad (Smad4) and translocate into the nucleus to regulate target gene transcription [31]. In the context of PAH development, it has been proposed that TGF-\(\beta\) cell signalling appears to primarily involve Smad2 and Smad3 signalling [32], although there is conflicting data in the literature.
FIGURE 7. Effects of transforming growth factor (TGF)-β1 treatment on human pulmonary microvascular blood vessel endothelial cell (HPMVEC) morphology and protein expression. Phase-contrast micrographs of HPMVECs grown in normal growth media in the a) absence and b) presence of TGF-β1 (5 ng·mL⁻¹ for 20 days). Red fluorescence represents staining for c–e) fibronectin, f–h) vascular endothelial cadherin and i–k) S100A4 in c, f, i) control- and d, g, j) TGF-β1-treated HPMVECs. 4',6-diamidino-2-phenylindole (DAPI) staining was used to detect nuclei (blue). Scale bars=100 μm. e, h, k) Quantification of positive red immunofluorescence using image analysis software. The mean red fluorescence intensity was calculated for each photo and normalised by dividing this intensity by the mean blue intensity.
on this issue, with ZAKRZEWICZ et al. [28] showing reduction of activity of this pathway in the MCT model, whereas LONG et al. [17] showed an increase. The reason for this apparent discrepancy is uncertain, but may be due to differences in the timing of the assays relative to disease onset. UPTON et al. [32] recently proposed a balance between TGF-β-Smad2/3 signalling and BMPR2-Smad1/5/8 signalling may be important in controlling cellular responses in the pulmonary vasculature. Unfortunately, technical limitations with the analysis of the formalin-fixed tissues derived from the rats used in the physiological studies prevented accurate characterisation of Smad or p38-MAPK mechanisms and this is the subject of ongoing studies. However, we did find robust changes in the levels of endoglin expression, with clear differences in the MCT and hypoxia models. Our finding of reduced endoglin in the MCT model is consistent with the mRNA findings reported by ZAKRZEWICZ et al. [28]. Endoglin acts as a co-receptor for TGF-β signalling and has recently been shown to enhance TGF-β-induced phosphorylation of Smad1/5/8 [33]. We showed that BMPR2 upregulation was associated with a restoration of endoglin expression in the MCT model. To our knowledge, endoglin levels have not previously been reported in the rat hypoxia model, although hypoxia has been shown to increase endoglin expression in human endothelial cells in vitro, and in models of myocardial and placental ischaemia [34]. Thus, the role of endoglin in the two rat PAH models appears to be quite different and the link between BMPR2 and endoglin expression requires further investigation.

The BMP/BMPR signal transduction system is critical for controlling cell differentiation and apoptosis. The former uses the Smad signalling pathway, while the latter works through activation of p38-MAPK. It is now also known that these receptors form pre-formed receptor complexes to which the ligand binds, leading to Smad signalling, or BMP ligand-initiated receptor complexes, which leads to activation of p38-MAPK [35]. Whether pre-formed or ligand-initiated complex formation occurs depends on the relative number of BMPR2 and BMPR1A molecules on the cell surface [36]. Furthermore, it has been suggested that when BMPR2 expression levels fall below a critical 10% of normal expression, aberrant signalling prevails [32]. This phenomenon has been reported by others in both the hypoxic and MCT models [13, 37], where BMPR2 expression has fallen, causing normal Smad1/5/8 signalling to be virtually abolished. In our study, we confirmed significant falls in BMPR2 in association with PAH development, although the magnitude of ~25% was less than that previously reported. These differences might be due to issues of timing of analysis or differences in the techniques used. Here, we have analysed total expression in tissue sections, which could potentially underestimate the relative magnitude of reduction in endothelial cells, but analysis of BMPR2 expression at the cellular level needs more work. Ad vector BMPR2 delivery targeted to the lung endothelium in our present study restored overall BMPR2 levels and, thus, possibly a balance of wild-type receptor availability at the cell.

The success of gene delivery is likely to be dependent on the specific target cell transduced, especially when delivering the gene for a membrane-bound receptor. Expression of BMPR2 on smooth muscle cells is felt to be important and many studies have shown dysfunctional smooth muscle proliferation in the setting of BMPR2 mutations. Our approach of targeting the endothelium does not directly address this issue. However, in contrast to our work, in vivo transduction of pulmonary vascular smooth muscle via an aerosol route did not lead to any physiological improvements when tested in the MCT model [38], which perhaps supports an important role for endothelial expression in this
FIGURE 9. Immunoblot analysis of the effect of bone morphogenetic protein (BMP)-2 and BMP-7 on transforming growth factor (TGF)-β1-induced endothelial-mesenchymal transition in human pulmonary microvascular blood vessel endothelial cells (HPMVECs). Treatment with recombinant human (rh)BMP-2 a) significantly attenuated the increase in fibronectin expression induced by TGF-β1, b) restored vascular endothelial (VE)-cadherin expression to baseline values. rhBMP-7 treatment, c) substantially reversed TGF-β1 induced fibronectin production and d) partially restored endogenous VE-cadherin protein expression. Values are calculated as the ratio of chemiluminescence of the fibronectin or VE-cadherin signal over the housekeeper protein (glyceraldehyde phosphate dehydrogenase (GAPDH)) and then expressed as % change in ratio of treated HPMVECs from untreated HPMVECs, i.e. cells grown in normal growth media. Data are presented as mean ± SEM of three independent experiments. Immunoblots are from one representative experiment. *: p<0.05 versus TGF-β1 treatment.
setting. Our previous work using this gene delivery technique and reporter genes did not show significant cardiac expression, and we could not detect transgene expression in cardiac tissue by immunofluorescence in the current study. Thus, we believe the positive outcomes are due to the effect on pulmonary vessels rather than any direct cardiac effect. Much more work is required to determine the optimal approach if a gene delivery strategy is to achieve clinical utility.

Recently, TGF-β-induced EndMT has gained impetus as a mechanism for fibrotic lung diseases [39]. EndMT has also been investigated for its potential role in vascular disease. Those studies that have shown EndMT in response to TGF-β have used animal primary endothelial cultures from larger blood vessels [40, 41] or human dermal endothelial cells [42]. Based on dosing and time-course studies reported by others [22, 43], we chose a dosing regime of 5 ng mL⁻¹ in normal growth media and an 18–21-day exposure period to test whether TGF-β could induce EndMT in more relevant HPMVECs, and herein, report that following stimulation with TGF-β, HPMVECs demonstrated a change from their cobblestone morphology to spindle-shaped, fibroblast-like morphology. We also observed a loss of endothelial marker expression (VE-cadherin) with a gain in expression of mesenchymal markers (fibronectin and S100A4).

Of particular relevance to the current study, we also found that TGF-β stimulation lead to a reduction of BMPR2 expression. Although we have evaluated our BMPR2 gene delivery vector in this setting, the studies were hampered by poor transduction efficiency of these cells (which do not express ACE in culture). Therefore, we added exogenous BMPs in an effort to restore the balance in BMPR2/TGF-β signalling and have provided evidence for a protective role of BMPs in TGF-β-induced EndMT. Our results show that BMP-2 and BMP-7 lead to a reversal of EndMT even in the ongoing presence of TGF-β, and are consistent with a model of cardiac fibrosis where rhBMP-7 delivery inhibited EndMT and the progression of cardiac fibrosis [22]. The dose of BMPs we used to show an effect was one-third of that considered optimal in the cardiac study, but we did not see significant effects at doses lower than this. At this time, the role of EndMT in PAH remains a novel hypothesis that is generating significant interest in the field, as noted in recent reviews [44–46]. Transdifferentiation of pulmonary arteriolar endothelial cells into smooth muscle-like cells has been shown in hypoxia-induced pulmonary vascular remodelling [41]. Support for the EndMT concept has been found in other contexts, including myocardial fibrosis, atherosclerosis, wound healing and vascular development [44]. However, definitive proof of a role for EndMT in human PAH has not yet been established.

A major hurdle for the development of BMPR2 gene therapy is of course the translation of our approach to a strategy that is feasible in the human clinical setting. Gene therapy approaches for human disease generally have struggled to have a significant clinical impact. Much of this difficulty relates to the limitations of the vector technology used for gene delivery. In the current study, we have used our previously established approach to target lung endothelium via anti-ACE mAb, which we have shown improves pulmonary vascular gene delivery [20, 21]. Our approach achieved useful outcomes in contrast to aerosol delivery of vector, which did not reduce PAH in the MCT model [38]. Importantly, it may be critical that our strategy achieved endothelial cell transduction (the predominant site of BMPR2 expression in the lung) whereas the aerosol route chosen by McMurtry et al. [38] was aimed at vascular smooth muscle. Nevertheless, our current work remains, in essence, at the proof-of-principle stage. The duration of enhanced BMPR2 expression needed to achieve a therapeutic outcome in the context of BMPR2 mutations is not clear. BMPR2 mutations have limited penetrance for causing clinical disease (<20% of mutation carriers develop disease) and it is generally accepted that some form of “second hit” is necessary for this to occur. Perhaps transient BMPR2 overexpression, even for a short number of weeks, could interrupt the pathological cascade. The first-generation Ad vectors that we have used here can only achieve short-term expression (typically a short number of weeks in immunocompetent animals) and are not suitable for re-administration due to the development of neutralising antibodies. However, the fact that significant physiological outcomes can be achieved with the current vector technology bodes well for further improvements as vector technology evolves. Evolution in vector technology is already well underway with the development of genetically retargeted vectors, recombinant targeting adapters, and modifications of virus to reduce hepatic uptake and circumvent pre-existing immunity [47, 48]. Longer term transgene expression may be achieved with helper-dependant Ad vectors, to which the targeting technologies can be applied [49]. There is also growing interest in the use of cells as gene delivery vehicles and cells transduced with endothelial nitric oxide synthase are already in a phase I clinical trial [50]. Alternatively, more conventional pharmaceuticals might be directed to this pathway. For example, some BMPR2 mutations lead to production of potentially functional protein that fails to reach the cell membrane due to abnormal folding. Improved trafficking, with pharmacological chaperones, such as thapsigargin or glycerol, which have efficacy for redirecting BMPR2 mutants, may help restore BMPR2 signalling in a subset of patients [51]. The rather disappointing survival figures from recent national registry studies clearly indicate the need for ongoing development of new approaches to treatment that may complement existing strategies.

In summary, the current study provides evidence that increasing BMPR2 expression using a gene delivery approach improves physiological outcomes in two common rat models. Much more development is needed to determine whether such an approach might have relevance in the human disease.

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STATEMENT OF INTEREST
Statements of interest for S.M. Danilov and the study itself can be found at www.erj.ersjournals.com/site/misc/statements.xhtml

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